# Student Services



**GUIDANCE & COUNSELING PROGRAM** 

## School Counseling Mission and Vision Statement

#### Mission

The mission of the St. Andrew Catholic School Student Services Program is to assist students in overcoming academic, social, and emotional barriers while also placing an emphasis on character development, spiritual growth, and college and career readiness.

#### Vision

At St. Andrew Catholic School, the Student Services Program strives for each student to achieve academic, personal, and spiritual excellence while working toward their future goals.



## Student Services Components

St. Andrew has a comprehensive Student Services Program which provides guidance and support in the following areas:

- Classroom Guidance Curriculum
- Individual Planning
- Group Collaboration
- Responsive Services



#### Classroom Guidance Curriculum



The St. Andrew Student Services Program serves all students in the classroom from grades VPK-8. The classroom curriculum is formulated using the three domains of the American School Counseling Association: Academic, Personal/Social, and Career.

**Corsonal** This domain puts a primary focus on character development. Various topics that may be discussed are gaining self-awareness, decision-making, respect, responsibility, relationship skills, conflict resolution, substance abuse prevention, and health.

Academic This domain provides students with tools to help them succeed in school. Various topics that may discussed are study skills, test taking skills, organization, goal setting, time management, and learner preference styles.

Career This domain focuses on preparing students for high school, college, and their future careers. Various topics that may discussed are forming a career identity, planning for the future, and analyzing skills and interests as they are related to careers.

## **Individual Planning**

The student services program allows for the school counselor to

meet individually with a student to enhance one's academic, personal, or social development.

The role of the school counselor is to provide the student with support, consultation, and guidance. If the school counselor feels the student could use additional support she or he will make parent contact and referrals as needed.



The Student Services Program is also responsible for case management of academics, social, and emotional needs. The school counselor will also serve as the liaison between local agencies and the school. The school counselor will not divulge any confidential information to agencies until a release of information has been signed by the student's parent or guardian.

Confidentiality note: In providing services in the school setting, the counselor may share information about a student with parents/guardians, teachers, and/or administrators within St. Andrew or the Office of Schools. This communication would be on a need to know basis so that we may better assist the student as a team. Additionally, all staff members are mandated reporters of child abuse, and thus will contact proper authorities as dictated by Florida law.

## **Group Collaboration**

The Student Services Program provides students with similar needs the ability to connect in a group setting. The purpose is for students to develop skills and a support system within the school community.

Various topics that may be covered include but are not limited to:

- Anger management
- Study skills
- Divorce
- Social skills
- Attendance
- Self-awareness



#### Responsive Services

The school counselor also addresses urgent concerns that impede on the student's daily functioning. Responsive services are immediate and are used in emergency situations. The goal is to help the student resume to the same level of functioning prior to the crisis.

Topics include but are not limited to:

- Grief/bereavement
- Concern for harm
- Familial issues
- Adverse behavior
- Hygiene concerns

Please note, in some cases that are of urgent concern, the student's parent or guardian may be mandated to seek the help of an outside professional.



### **Bullying Prevention**

Bullying occurs when a student repeatedly and intentionally causes another student physical and/or emotional pain. In order for an incident to be considered bullying it must happen more than once, be intentional, and create a power imbalance. There are four forms of bullying: physical, emotional, relational/social, and cyber.

Safety is among our main priorities at St. Andrew Catholic School. Therefore, the school takes reports of bullying very seriously.

Student Services addresses bullying within the classroom and individual settings as needed.



- In the classroom, students are taught how to recognize, prevent, and respond to bullying.
- Individually, bullying is handled on a case-by-case basis and involves the collaboration of the administrative team.

If you feel your child is being bullied, please contact a school staff member so it can be addressed immediately.

#### Safe Touch Curriculum

St. Andrew implements the Talking About Touching program with grades VPK-1. This curriculum is provided through the Diocese of Orlando and is used to facilitate positive and supportive discussions about safety. The Talk About Touching program teaches students how to make healthy decisions and what to do and say in unsafe situations.

\*All grades are subject to a review of this curriculum throughout the school year.

Various topics for VPK and Kindergarten include:

- Car safety
- Traffic safety
- Fire safety
- Gun safety
- Getting found
- The always ask first rule
- Getting and giving safe touches
- Dealing with unsafe touches
- Saying "no" to unsafe touches
- Learning/using the touching rule

Various topics for 1<sup>st</sup> grade include:

- Bike safety
- Gun safety
- The always ask first rule
- Identifying safe and unsafe touches
- Dealing with unsafe touches
- Telling a grown up
- Standing up for yourself and saying "no"
- Learning/using the touching rule
- Learning the safety steps



# **Program Contact**



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